FROM THE PRINCIPAL'S OFFICE

School Assembly – This week’s Friday assembly will be run by the Year 1 class. This will start at 11.00 am and we hope to see you there.

AFL State Knockout Tony Lockett Shield – Well done to the team for their amazing effort last Tuesday in Sydney (see full report in newsletter). The team will now play in the final four of the state knockout competition in Sydney on Monday, 24 August. It’s a wonderful achievement to make it to Sydney. Thank you to those parents who attended and helped with transport and accommodation.

Basketball State Knockout Competition – Well done to the boys’ team last Thursday, despite losing to Tumut Public School in the Riverina semi-final. It was a great effort to achieve this much success.

Yerong Creek AFL and Netball Gala Day – Well done to all the students for their efforts last Friday and a big thank you to all the parents for their support. It was a great day that was enjoyed by all.

NSW Rugby Union State Championships – All the very best to Jack de Steiger, who will, this week, represent Riverina in Warringah. I’m sure Jack will have an awesome time and gain plenty of experience from the opportunity.
**Kinder Orientation Visit** – This Wednesday 19 August from 10.45 am to 11.30 am, the preschool children will be visiting our school for a Teddy Bears’ Picnic with the Kindergarten students. There will be a lot of teddy bears and a lot of fun!

Jason Weaven  
Principal

**CANTEEN ROSTER**

Friday 21 August:  Abby Paton  
Monday 24 August:  Jenni Wood  
Friday 28 August:  **BOOK WEEK BBQ  
NO LUNCH ORDERS**

**BERNIE O’CONNOR AFL/NETBALL GALA DAY AT YERONG CREEK**

Congratulations to all the students who attended the Bernie O’Connor AFL/Netball gala day at Yerong Creek on Friday 14 August. Everyone had a fantastic day, displaying excellent teamwork and participation.

Well done to all teams on their persistent efforts and sportsmanship. Congratulations to the five teams that made the finals. They were the senior netball division 2 team, the junior netball division 1 team and the junior netball division 2 green team, the senior AFL team and the junior AFL team. Both the senior and junior AFL teams were successful in winning their divisions.

Congratulations to Braydon Eddy and Millie Walsh who represented Holbrook Public School in the Longest Kick and Goal Shooting competitions. Braydon won the longest kick competition. A fine effort, Braydon.

Many thanks to the parents who assisted with teams on the day. Your help was very much appreciated. It definitely does help the day run smoothly. We could not have entered as many teams without your assistance and support. Thank you also to Mr Preston, Mr Weaven, Mr Gardner and Miss Peterson for their assistance at the carnival.

Chrissy Lavis

**JUNIOR BOYS AFL – YERONG CREEK SPORTS DAY**

Congratulations to the junior boys AFL team for their victory in the final on Friday. The results were:
- Holbrook 21 df Walbundrie SS Black 12
- Holbrook 25 df Walbundrie SS Gold 13
- Holbrook 28 df Greater Kengal 8
- Holbrook 28 df Henty 2
- Holbrook 26 df Culcairn 6
- Holbrook 34 df Walbundrie SS Gold 13 (Final)

A great effort by the entire team to win all 6 games. All the boys listened, showed great skill, played fairly and played as a team. They all had a lot of fun, which is the main thing. A big thank you to all the parents for their wonderful support, especially Tom de Steiger and Hugh Satchell for goal umpiring. A great effort boys. Thanks so much for a great day!

Mr Weaven

**HOLBROOK PUBLIC SCHOOL’S REMARKABLE WIN IN SYDNEY IN THE AFL TONY LOCKETT SHIELD**

Holbrook Public School advanced to the finals of the state wide Tony Lockett Shield by way of a heart stopping, extra time win against Blaxland East Primary School. Played in perfect conditions at Emu Plains, Holbrook were slow to find their feet and struggled to win the loose ball but managed to be level with Blaxland at quarter time via a Braydon Eddy goal. In the second quarter, Blaxland turned up the heat with their fast players taking charge and
running the ball to kick three goals to Holbrook’s one, via Fletcher Parker.

Blaxland held a 14 point lead at half time, which they increased to 26 points late in the third term. A late third quarter goal by Ewan Mackinlay enabled Holbrook to reduce Blaxland’s lead back to a still sizeable 19 points, considering that Holbrook had only scored 22 points in the first three quarters. This was a big task.

At the final break, coach, Adam Preston made several changes, including ruckman Ben Klose moving to defence and Braydon Eddy taking over the ruck role. These moves had an immediate impact, with Holbrook winning the majority of centre clearances.

Suddenly, Holbrook came alive via the efforts of Braydon, Fletcher Parker and Jack de Steiger. Ewan Mackinlay was in everything and kicked three goals for the quarter playing in the centre. With two minutes to go, Holbrook levelled the scores but just could not manage a final point to win the game. At the siren, scores were locked at 53 points each as Holbrook kicked five goals one for the quarter and Blaxland two straight goals.

Under the rules, five minutes each way had to be played which was a big requirement in the 23 degree conditions following four, 15 minute quarters. But Holbrook had the momentum and kicked the only goal in the first period of extra time, via Henry Gulliver, to hold a six point lead at the change-over. Blaxland raised their efforts and kicked an early goal to again level the scores. Only a timely smother from Ben Klose saved Holbrook from again being in big trouble.

With two minutes left, Ewan Mackinlay won the ball from the centre and charged forward. In desperation, his opponent ankle tapped him and he fell to the ground. The umpire correctly awarded a 25 metre penalty, which put Ewan within range. He kicked truly and Holbrook hit the front. With little time on the clock, Blaxland broke from the centre but was held up by a committed Holbrook defence who controlled the ball and soaked up the remaining time to secure a fine and, very hard fought, win. All the boys should be proud of their courageous efforts. Goal kickers: Ewan Mackinlay - 5, Fletcher Parker - 2 and singles to Braydon Eddy, Jack de Steiger and Henry Gulliver.

WINNERS OF THE DANCE RAFFLE

<table>
<thead>
<tr>
<th>Prize</th>
<th>Winner</th>
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<tbody>
<tr>
<td>Whole sheep carcass</td>
<td>Aylee Jenkyn</td>
</tr>
<tr>
<td>Trailer of wood</td>
<td>Chloe Watson</td>
</tr>
<tr>
<td>Hamper</td>
<td>Kate Wedgwood</td>
</tr>
<tr>
<td>Jam</td>
<td>Becky Bulle</td>
</tr>
<tr>
<td>Cake</td>
<td>Judith Mullins</td>
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</table>

A BIG THANK YOU

A big thank you goes to Mrs Mathie and Mrs Pitzen for their impromptu spot of gardening last Tuesday afternoon. Together, they removed the spent stems from the agapanthus, which instantly improved the appearance of our school and will also promote some lovely new flowers in summer. There will be plenty of gardening to do as the warmer weather approaches, and we would love some help from any keen gardeners out there.

LOST

1x Size 6 fleece jacket (Coats)
Please check that your child hasn’t accidentally taken the wrong jacket home.

SPARE LAPTOPS WANTED

We are asking for donations of spare laptops for Meg’s Children Nepal. Meg’s Children Nepal is an Australian, not for profit charitable trust, which supports and enhances the lives of 20 Nepalese children who do not have family to cater for their basic needs.

P&C News

TONY LOCKETT MEETING

We are calling a special meeting on Monday, 24 August at 9.00 am at the school to discuss the Tony Lockett football contribution.

CAKES AND SLICES NEEDED

We need 6 slices and cakes for the Locke Bull Sale on Wednesday 26 August. Please drop them off at the school office by 9.00 am on the Wednesday.

HELPERS NEEDED

Helpers are required for the Book Week barbecue on Friday 28 August from 1.15 pm. Please contact Margot Pitzen: 0407 658 401.
SPONSORSHIP:
The following businesses of Holbrook sponsor our newsletter. Please support them when you can.

PRE-LOVED UNIFORMS IN STOCK NOW!

<table>
<thead>
<tr>
<th>Season</th>
<th>Item</th>
<th>Sizes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Summer</td>
<td>Short Sleeve Polo Shirt</td>
<td>4, 8, 10</td>
</tr>
<tr>
<td></td>
<td>Girl’s Summer Dress</td>
<td>6, 8, 10, 14</td>
</tr>
<tr>
<td>Winter</td>
<td>Long Sleeve Polo Shirt</td>
<td>4, 12</td>
</tr>
<tr>
<td></td>
<td>Boys’ Trousers</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Tartan Pants</td>
<td>4, 8</td>
</tr>
<tr>
<td></td>
<td>Windcheater</td>
<td>6</td>
</tr>
<tr>
<td>Sport</td>
<td>Track Pants</td>
<td>4, 6, 12</td>
</tr>
<tr>
<td>Other</td>
<td>Library Bags</td>
<td>One size</td>
</tr>
</tbody>
</table>

From 15 July 2015 to 8 September 2015 you can collect stickers from the checkout in any Woolworths store and place them on your sticker card (available from the office).

Once your card is full, place it in the Holbrook Public School earn & learn box located at Woolworths:
- Albury;
- Lavington;
- Thurgoona and our office.

Take another card from the office and start again. At the end of the promotion our school can choose from a range of English resources, arts and crafts materials, science equipment, sports gear and more which go towards your child’s education.

Sponsorship:

Holbrook Public School is asking for your support to help us create a “Values Garden” within the school grounds. We aim for this to be a place that all students will feel a connection to, but we can’t do it without you!

The school values encompass: • Care • Consideration • Co-operation
• Courtesy • Democracy • Fairness • Integrity • Participation.

To create an area that is colourful, inclusive and welcoming, ideally we would love to have the following items:

- Treated pine poles to create our giant coloured pencil fence;
- Exterior paint in bright colours to paint our pencils;
- Treated pine poles to create Aboriginal totems, to represent local Aboriginal culture;
- Old boots for students to paint and grow plants in;
- Good quality garden soil;
- Ornamental grasses (e.g. purple fountain grass, mondo grass etc.);
- Brightly coloured, knitted or crocheted squares/rectangles of wool, (about 20cm x 25cm) to brighten up a deciduous tree.

For more information, please call Holbrook Public School on 0417 941 520.

Did You Know?

Now’s the time to have your child try on their summer uniforms in readiness for Term 4. Our uniform shop is fully stocked.

Holbrook Public School needs your help to create our “Values Garden”.

PH: 0409 907 058
E: bouncesphytherap@bigpond.com
Holbrook District Hospital, Bowler St, Holbrook NSW 2644

SeamstresS

June Kilpatrick
1/86 Albury Street, Holbrook 2644
Ph: 0417 941 520
Email: june.kilpatrick@bigpond.com
At Billabong High School...
We provide a quality education for all students in a very caring environment while offering a broad range of academic, sporting, cultural, community and extra-curricular activities.

Junior Curriculum and Electives on Offer:
- Agriculture
- Child Studies
- Commerce
- Drama
- English
- Food Technology
- Geography
- History
- Industrial Technology
- Information and Communication Technology
- Japanese
- Maths
- Music
- Personal Development, Health and Physical Education
- Technology
- Science
- Sport
- Study Management
- Technology
- Textiles
- Visual Arts

For more information contact:
Mrs Phillip Carroll, Principal
Address: Gordon Street, Caltairn NSW 2660
Phone: 02 6029 8377 Fax: 02 6029 8350
E-mail: billabong.h.school@det.nsw.edu.au Web: www.billabong.h.schools.nsw.edu.au
You can also follow us on Facebook at Billabong High School

BHS Ad 06/15
What bullying isn’t, and what to do when it happens

Bullying should not be confused with teasing, rejection, random acts of violence or physicality and conflict. While children will often tease or fight, this bickering should not be confused with bullying.

Bullying is a word that’s wrapped in emotion. For many people bullying is associated with bad childhood memories. It’s been estimated that around 40% of people have experienced some type of bullying in the past.

Bullying is an insidious behaviour that transgresses children’s natural right to feel safe and secure. It can adversely affect their learning, emotional well-being, further peer relations and their sense of self.

Bullying takes many forms and guises including, physical and emotional abuse, intimidation, harassment and exclusion.

It now has a well-publicised cyber-dimension which has moved the goalposts for many kids. In the past children could escape bullying behaviours they may have experienced by being at home. Cyberbullying now means that kids can’t escape the bully like they once could.

Bullying is not the domain of one gender. Girls bully just as much as boys but they do it in less physical ways. While boys use physical intimidation or verbal abuse to wield power, girls are more likely to use exclusion or verbal sarcasm to assert themselves.

Bullying should not be confused with teasing, rejection, random acts of violence or physicality and conflict. While children will often tease or fight, this bickering should not be confused with bullying.

Bullying is about lack of power as one person is powerless to stop the teasing or physical abuse. Bullying is the selective, uninvited, repetitive oppression of one person by another person or group.

If you think your child is being bullied then handle with care as children often don’t want to admit that they are on the receiving end of bullying. Some kids keep it close to their chest so it helps to be on the lookout for warning signs such as: items being stolen, changing the route to school and withdrawal from usual activities.

If your child is being bullied:
1. Listen to their story
Children who are bullied need someone to believe their story. Take them seriously and avoid dismissing complaints as tell-tale. Use common sense to differentiate between bullying and more random, non-selective antisocial acts. Kids can be nasty to each other, yet this doesn’t constitute bullying.

2. Deal with their feelings
A child who is bullied probably feels scared, angry and sad. Boys are more likely to display anger and girls claim they feel sad. The degree of emotional intensity is an indicator of the amount of bullying. Recognise and validate their emotions. Let them talk about how they think (remember boys respond better to ‘think’ language) and feel. It’s normal to feel sad, scared or just plain confused.

3. Get the facts
Get a clear picture of what happens, including who is involved, the frequency and what happens prior to any bullying. Get your child to be as specific as possible by asking good questions. An accurate picture will help you determine your next course of action.

4. Give them coping skills
With a clear picture you can start giving your child some help about how he or she may deal with bullying including using avoidance strategies, being more assertive and changing poor body language.

5. Get the school involved
Bullying is best handled when parents and teachers are involved. Approach your school through the appropriate channels, make yourself aware of your school’s anti-bullying procedures and programs, and be willing to work within these guidelines.

6. Help build your child’s support networks
Kids need a group of friends to support them when they experience bullying so look for practical ways to broaden friendship groups.

7. Build their self-confidence
Provide children with systematic encouragement. Let them know through your words and treatment of them that they will get through this period.

It’s worth remembering that children who experience some form of bullying often come out stronger and more resourceful because they have experienced difficulties and they know they can defeat them.


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Holbrook Public School
Book Fair Assembly
Friday 28 August 2015

Celebrating Book Week
Books Light Up Our World

- 11.30 am to 12.30 pm: **Book Fair Open** – View and/or purchase titles.
- 12.30 pm to 1.15 pm: **School Assembly** – Run by the Year 5/6 class.
- 1.15 pm to 2.10 pm: **Barbecue Lunch** – Organised and cooked by the P&C.
- 2.15 pm to 3.00 pm: **Book Parade** – Dress as your favourite story book character.

From purchases made at the Book Fair, our school receives 20% to spend towards book purchases for our library. You might also like to donate a book to our school. Each donation made will have a prominent sticker on the inside front cover with your name and the year of donation on it.

*It promises to be a great day, so make sure you come along to our library and take the opportunity to expand your own home library.*

For more information, please call Holbrook Public School on 6036 2021.
Starting school is an important step for your child. To help your family become familiar with daily routines, Holbrook Public School is hosting a series of Kinder Orientation Days for local pre-school aged children.

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
<th>Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 6 August</td>
<td>Orientation Evening</td>
<td>An opportunity to gain an insight into the learning programs offered by the school, including a tour of the school’s facilities and a chance to meet the staff. Finger food and refreshments will be served.</td>
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<tr>
<td>(7.00 pm) for parents</td>
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<tr>
<td>Monday 10 August</td>
<td>Fun and games with the current Kinders</td>
<td>A fun morning of singing, dancing and story-telling with the current Kinder class. Finishing off with a fruit platter.</td>
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<tr>
<td>(9.45 am to 10.30 am)</td>
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<tr>
<td>Wednesday 19 August</td>
<td>Teddy Bears’ Picnic with Kindergarten</td>
<td>A chance for pre-schoolers to become familiar with the school environment in a fun, relaxed way. Don’t forget your teddy bear!</td>
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<tr>
<td>(10.45 am to 11.30 am)</td>
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<tr>
<td>Wednesday 26 August</td>
<td>Treasure Hunt!</td>
<td>Pre-schoolers find their way around school with the help of Year 5 students.</td>
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<tr>
<td>(10.45 am to 11.30 am)</td>
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<tr>
<td>Wednesday 2 September</td>
<td>Year 5 visit the Holbrook Early Learning Centre</td>
<td>A group of Year 5 students attend the preschool and interact with children in their own environment.</td>
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<tr>
<td>(12.00 pm to 12.45 pm)</td>
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<tr>
<td>Tuesday 20 October</td>
<td>Literacy session</td>
<td>An opportunity for the Kinder teacher and the preschoolers to become better acquainted through engagement in a variety of structured literacy activities. Children are to bring their own lunch.</td>
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<tr>
<td>(9.45 am to 11.15 am)</td>
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<tr>
<td>Thursday 5 November</td>
<td>Numeracy session</td>
<td>Children have the opportunity to further develop their understanding of school through a range of numeracy activities with the Kinder teacher. Children are to bring their own recess.</td>
</tr>
<tr>
<td>(12.00 pm to 1.00 pm)</td>
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<tr>
<td>Wednesday 25 November</td>
<td>Meet your buddies!</td>
<td>Meet your buddies for 2015! A morning tea for parents to meet the school community and the opportunity for the new Kinders to meet their buddies for the following year. Buddies will then go off to play games whilst important information is provided to ensure a smooth transition to school for you and your child.</td>
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<tr>
<td>(11.30 am to 1.00 pm)</td>
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