School Assembly – Congratulations to the Kinder class for running a great assembly last Friday. This Friday's assembly will be run by the Year 4/5 class and will start at **11.00 am**. We do hope to see you there. A reminder that there will be no class items at the school assemblies this term, due to the Whole School Performance to be held at the end of the term. Students will be spending their time rehearsing for this.

Year 3/4 Rugby League and League Tag Trent Barrett Shield – Congratulations to Miss Mills and the girls' league tag team for their efforts winning the Albury final on Monday. They now progress through to the finals in Wagga on Tuesday 25 August.

Well done to the boys for their efforts, narrowly losing the Albury final. The boys can be very proud of their efforts. I know I am, particularly the way they represented our school and themselves. The boys won three games, with Sam de Steiger scoring 6 tries, Angus Wright scoring 4 tries, Will Satchell scoring 3 tries and Delaney Emerson scoring 1 try. It was a great team display and a great day enjoyed by all. Thank you parents for your wonderful support on the day.

AFL Tony Lockett Shield – Congratulations to the team for their efforts winning against Kooringal Public School in Wagga, last Thursday. The boys did well against good opposition and now move onto to play against Blaxland East Public School, in Blaxland on Tuesday 11 August. We wish them all the very best.

Education Week: Public Schools NSW – Celebrating Local Heroes – A fantastic day was held last Friday, as our school celebrated Education Week. We enjoyed dancing by the school's developmental dance group, singing by the school choir, open classrooms, a great barbecue lunch by the School P&C (a big thank you!) and a great assembly run by the Kinder students. Everyone really enjoyed the speeches by Mrs Merryl Allworth and Taryn Heather at our assembly. A great day was had by many. Our school really appreciates your support and we look forward to this continuing.

Chess Competition – All the very best to the nine students who will be representing our school, this
Wednesday, at a Chess Competition. It’s great to see our students participating in something new. A big thank you to James Coats, for giving up his time to work with the students.

Kinder Orientation Parent Information Evening – This will be held this Thursday 6 August in the school library, starting at 7.00 pm. We welcome everyone who has a child attending school in 2016 to attend and find out more information, meet the staff and have any questions you have answered.

Kinder Orientation Visit – On Monday 10 August, from 9.45 am to 10.30 am, will be our first orientation session for those students who may be attending our school in 2016. The visiting students will enjoy a fun morning of singing, dancing and storytelling with our current Kinder class. They will finish the session with a fruit platter. We welcome along all potential students. For enquires, please don’t hesitate to contact the school.

Jason Weaven
Principal

Canteen Roster

Friday 7 August: Tamarin Hughes
Monday 10 August: Jess Barr-Smith
Friday 14 August: Anna Watson

From 15 July 2015 to 8 September 2015 you can collect stickers from the checkout in any Woolworths store and place them on your sticker card (available from the office).

Once your card is full, place it in the Holbrook Public School earn & learn box located at Woolworths:

- Albury;
- Lavington;
- Thurgoona
- and our office.

Take another card from the office and start again. At the end of the promotion our school can choose from a range of English resources, arts and crafts materials, science equipment, sports gear and more which go towards your child’s education.

Pre-Loved Uniforms

Summer
- Short Sleeve Polo Shirt 4, 8, 10
- Girl’s Summer Dress 6, 8, 10, 14

Winter
- Long Sleeve Polo Shirt 4, 8
- Windcheater 6
- Boys’ Trousers 4, 8, 12
- Tartan Pants 6, 8
- Sport
- Sport Shirt 6
- Track Pants 4, 6, 10, 12
- Other
- Library Bag One size $5

Spare Laptops Wanted

We are asking for donations of spare laptops for Meg’s Children Nepal. Meg’s Children Nepal is an Australian, not for profit charitable trust, which supports and enhances the lives of 20 Nepalese children who do not have family to cater for their basic needs.
100 DAYS OF KINDERGARTEN

Kindergarten celebrated their milestone on Thursday with a delicious Holbrook Bakery cake that they kindly shared with their Year 6 buddies. A fun time was had by all.

DANCE ENSEMBLE

It is with much disappointment that I announce that the Holbrook Public School Dance Ensemble were unsuccessful in gaining a spot to perform at this year's State Dance Festival. The Dance Ensemble have a raffle going and I would like to remind the dancers to return their raffle tickets to the office by Friday August 7, as the raffle will be drawn on Monday August 10. If you have not purchased tickets and would like to, please see the ladies at the front office. All money raised will go towards dance costumes for 2016. Planning and choreographing for 2016 will start in Term 4, when I return to school. So please support this wonderful cause, as the dance costumes are stored in the costume room at the conclusion of our performances and are used for school assemblies, Whole School Performances, Education Week performances and many more events for all the students in our school. Thank you to all the parents for donating the prizes for this raffle. Kristie Preston

Holbrook Public School needs your help to create our “Values Garden”

Holbrook Public School is asking for your support to help us create a “Values Garden” within the school grounds. We aim for this to be a place that all students will feel a connection to, but we can’t do it without you!

The school values encompass: • Care • Consideration • Co-operation • Courtesy • Democracy • Fairness • Integrity • Participation.

To create an area that is colourful, inclusive and welcoming, ideally we would love to have the following items:

• Treated pine poles to create our giant coloured pencil fence;
• Exterior paint in bright colours to paint our pencils;
• Treated pine poles to create Aboriginal totems, to represent local Aboriginal culture;
• Old boots for students to paint and grow plants in;
• Good quality garden soil;
• Ornamental grasses (e.g. purple fountain grass, mondo grass etc.);
• Brightly coloured, knitted or crocheted squares/rectangles of wool, (about 20cm x 25cm) to brighten up a deciduous tree.

For more information, please call Holbrook Public School on 6034 2821.

STARS OF THE WEEK

Isabella Weaven, Year 2
AWARDS

Miss Mills
Eli Toll – For excellent independent writing

Miss Luff
Primrose Heriot – Presenting work neatly and accurately
Reuben Wilton – Being a responsible class member

Miss Murphy
Cooper Bower – For confidently counting and recording different amounts of money
Harry Capell – For excellent achievement during our spelling activities this week
Beau Meyers – For confidently using his sound and sight word knowledge during our reading and writing activities

Miss Leary
Ned Harrison – For always being a friendly and helpful class member
Mathew Mulloy-Ellison – For outstanding effort in maths

Mrs Fairley
Eleanor Coats – Wonderfully descriptive writing
Aaron Gamble – For doing really well in his TENS maths activities

Mr Preston
Julia Mathie – For always having a kind and caring nature
Harrison Shea – For trying really hard in his maths test

Miss Lavis
Amelia Hearn – For being kind and helpful towards others
Kasey Henry – A diligent effort on all writing tasks

Mr Gardner
Fletcher Parker – Focusing in class
Jasmine Young – Showing great problem solving skills

Miss Peterson
Eliza Capell – An improvement in handwriting and bookwork
Heidi Klose – Working mathematically when problem solving

Mrs Wedgwood
Jade Hunt – Determination to make improvement in maths
Maggie Jamieson – For conscientious efforts to understand new maths concepts

Mr Weaven
Isobel Atkinson – For her compassionate and caring nature
Tayleah Flewin – For working hard trying to learn her sounds
Wil King – For outstanding participation in all learning activities
Lachie Parker – For outstanding participation in all learning activities
Ella Lieschke – For outstanding participation in all learning activities
Madison Lumsden – For outstanding participation in all learning activities
Ryder McKillop – For his enthusiasm towards all aspects of school life
Caidence Meyers – For her attention to detail during art and craft activities
Izak Schirmer – For producing very neat work in English
Dominic Valena – For always being focussed during all learning activities
Isabel Yensch – For her compassionate and caring nature

VALUES AWARDS – GENEROSITY
Junior: Lucy de Steiger
Senior: Cooper Buswell

STAR CARD WINNERS
Yellow Playground Star Cards
Amelia Tepper and Isabella Weaven

Blue Classroom Star Cards
Jasmine Lieschke, Amelia Pincott

50 NIGHTS READING AWARD
Fletcher Weaven

75 NIGHTS READING AWARD
Alex Gunn, Fletcher Weaven

100 NIGHTS READING AWARD
Georgina Barr-Smith, Harriet Bull, Wil King, Cruz Schirmer, Izak Schirmer, Archie Swan, Fletcher Weaven
**125 NIGHTS READING AWARD**
Isaac Bennetts, Fletcher Weaven, Isabella Weaven

**150 NIGHTS READING AWARD**
Lachie Parker, Fletcher Weaven, Isabella Weaven

**SPORTSMANSHIP AWARD**
Isaac Bennetts, Hamilton Black, Alex Gunn, Jim Henry, Riley King, Janita Nickel, Amelia Pincott, Josh Toll, Logan Wright

**SPONSORSHIP:**
The following businesses of Holbrook sponsor our newsletter. Please support them when you can.

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1/86 Albury Street, Holbrook 2644

**Ph:** 0417 941 520  
**Email:** june.kilpatrick@bigpond.com

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- Music  
- Personal Development, Health and Physical Education  
- Technology  
- Science  
- Sport  
- Study Management  
- Technology  
- Textiles  
- Visual Arts

For more information contact:  
Ms Philip Carroll, Principal  
Address: Gordon Street, Cattle Hill NSW 2660  
Phone: 02 6026 6377  
Fax: 02 6026 8533  
E-mail: billabong-h.school@det.nsw.edu.au  
Web: www.billabong-h.school.nsw.edu.au

You can also follow us on Facebook at Billabong High School

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**BOUNCE**

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COMMUNITY NEWS

BOOK WEEK 2015: 22 TO 28 AUGUST AT THE HOLBROOK LIBRARY

In 2015 the Children’s Book Council of Australia will be celebrating 70 years of enjoying and promoting the best of Australian literature for children and young people. You can visit www.cbca.org.au to see this year’s shortlisted books. This year’s theme is "Books Light Up Our World." To celebrate Book Week, the library will be running a competition for primary school and preschool age children. Grandparents and parents very welcome to help when needed!

DSA MUSIC

STUDIO LESSONS

$30

- Brass – Woodwind – Guitar – Piano – Vocal Coaching
*WEDNESDAYS & THURSDAYS ONLY*

7/145 Albury St (old convent opposite bakery)  
M: 0490 030 564  
E: dsamus101@gmail.com

Holbrook Bakery

Coffee Shop

B2: Now open at 52 Albury Street, Holbrook. Ph: 6036 3300  
Open 8.30 am to 3.00 pm 7 days
**To enter:** Choose any one of this year’s shortlisted books as inspiration to create a shadow puppet. We have quite a few of these books on display in the library. You can find good instructions on how to make shadow puppets on YouTube. Bring your finished shadow puppet and test it out behind the light screen in library. Everyone who makes a shadow puppet goes into the draw for a chance to win this year’s Book Week prize. Closing date is **Friday 14 August**. We will display your puppet in the library during Book Week.

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**The simplest way... to make a healthy dessert.**

**APPLE + PEACH PIE**

Perfect on a chilly winter’s evening...a healthy treat!

**Ingredients**

- 2 medium apples, peeled and chopped
- 800g canned peaches in juice, drained
- 6 sheets filo pastry
- Spray oil
- 1 teaspoon sugar

**Method**

Preheat oven to 200°C -- Place apples in a microwave and oven proof dish and cover with a plate or cling film with holes in it. Microwave on HIGH (100%) for 1 minute. Carefully remove the plate or cling film as the steam will be hot -- Add peaches to the oven-proof dish. Scrunch a sheet of filo pastry and arrange on top of the dish. Repeat with the rest of the filo sheets until the whole top of the dish is covered -- Lightly spray the pastry with oil, and sprinkle with sugar -- Bake for 25 minutes, until the pastry is golden and crispy -- **TIP:** this recipe works for any fresh, frozen or canned fruit.

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**FRED HOLLOWS HUMANITY AWARD**

*"Real humanity is shown when we care for others" Professor Fred Hollows*

The Fred Hollows Foundation is keeping Fred’s vision alive through The Fred Hollows Humanity Award which recognises Year 6 students who follow in his footsteps by showing care and compassion for others. After three successful years in the ACT the Award is expanding into NSW with the support of NSW Premier Mike Baird.

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Excursions are fast approaching (mid Term 4). You can make payments by cheque, cash, POP and EFTPOS. For your convenience, we are happy to take part payments.
Teach your kids to SHRUG!

The secret to having resilient, confident and optimistic children is to teach your kids to shrug!

It was so irritating, yet so effective.

I’m talking about my boyhood mate Terry’s habit of shrugging his shoulders whenever anyone teased him or tried to persuade him to their way of thinking.

‘Hey Terry, you’re a B@%E@#%’
Shrug
‘Hey Terry, everyone says your……….B@#’
Shrug
‘Hey Terry, I’m going to tell on you!’
Shrug

His nonchalance used to drive everyone nuts!

So much so that he was rarely targeted for teasing despite the fact that he wasn’t sassy, he wasn’t cool and he was late maturing – all of which back then, as now, would put a boy in the ‘to be picked on’ category.

I thought of Terry recently when I was coaching a young person about how to respond to some schoolyard taunts.

This young person wore his heart on his sleeve, taking taunts and even witticisms too seriously for his own good. Unfortunately, some of his so-called mates used to enjoy seeing him become angry.

The best way to break this toxic cycle of taunt-react-taunt was for him to change his reaction.

So we did some coaching in the art of shrugging and before long my young charge was shrugging his shoulders, as if to say ‘Whatever’, and walking away at the first sign of a taunt.

Eventually he was channeling Terry so well that his nonchalance even began to irritate me.

Some things can’t be ignored

Don’t get me wrong. Kids cannot and should not ignore all negative comments directed at them.

There are times when they need to stand up and be counted. They don’t need to be aggressive about it, but they do need to be assertive from time to time. Sticking up for a friend, rescuing someone who is being taunted or even looking out for a sibling’s best interests at school are times when children need to assert themselves rather than shrugging off a problem.

Kids practise on their siblings

Socially savvy kids know that some of the negative peer comments directed at them need to be ignored. However, this is quite a skill.

Ignoring comments and choosing your arguments is something many kids learn in their battles with siblings.

Those noisy sibling skirmishes that annoy the hell out of parents actually toughen kids up for the less-than-pleasant social interactions that take place in the schoolyard.

Interestingly, my boyhood mate Terry was the youngest of four brothers. I guess he would have perfected the art of shrugging out of sheer necessity.

So, if you have a sensitive child who wears his or her heart on their sleeve, or a child who reacts impulsively to both taunts and witticisms alike, you may wish to introduce the art of shrugging into their repertoire of responses.

How to create a good shrug

Kids can practise shrugging in front of the mirror so that they can see what a good shrug looks like. There are 4 ingredients:

2. A shrug of the shoulders.
3. A simple, non-combative, non-sarcastic line such as ‘You may be right, Whatever’ or ‘I hadn’t thought of that.’
4. A final breaking of eye contact that indicates that they are in control.

A word of warning

If you teach your kids to shrug, you need to be prepared for them to use this shrugging technique against you when you direct some criticism or constructive feedback their way. If they do, you’ll find out how damn irritating nonchalance even when it’s fake can be.

Oh, and you’ll be seeing a child or young person who is exercising a degree of personal power that, when used smartly, will increase their overall social effectiveness.