FROM THE PRINCIPAL’S OFFICE

School Assembly – Congratulations to our Captains and Prefects for running a great assembly last Friday. This Friday’s assembly will be run by the Year 3/4 class and will start at 11.00 am. We do hope to see you there. A reminder that there will be no class items at the school assemblies this term, due to the Whole School Performance to be held at the end of the term. Students will be spending their time rehearsing for this.

NSW State Cross Country Championships – Last Friday, at Eastern Creek Raceway, Will Satchell and Claire Cottrell represented Riverina at the NSW State Cross Country Championships. Both can be really proud of their efforts against some really strong opposition and in wet and muddy conditions. Congratulations on their achievements.

Warm Welcome – For the remainder of the term, we will have two 4th Year Practical Teachers working on class at our school. Mr Gardner will be with Miss Lavis, while Miss Leary will be with Miss Murphy. I’m sure everyone will make them feel most welcome. If any parents have any questions at all, they are to see their child’s normal teacher.

Boys Basketball State Knockout Match – Good luck to the boy’s team when they play their next round game against Junee North Public School tomorrow at the Holbrook Basketball Stadium starting at 11.00 am.

CWA International Day – Our Year 6 students will be making their presentation this Thursday at 10.30 am. It should be a great experience. This year’s country of study is on Italy.

Year 3/4 Rugby League Trent Barrett Shield Gala Day – All the best to our boys’ team and our girls’ team (who will play league tag) as they compete at the gala day next Monday, 27 July.

TERM 3, WEEK 2 DIARY

| Thu 23 Jul | Year 6 CWA International Day - Italy |
| Fri 24 Jul | School Assembly at 11.00 am run by Year 3/4 |

TERM 3, WEEK 3 DIARY

| Mon 27 Jul | Year 3/4 Trent Barrett Shield (Albury) |
| Tue 28 Jul | NSW Uni English Test |
| Wed 29 Jul | P&C Meeting at 7.00 pm (Library) |
| Fri 31 Jul | Education Week Assembly at 12.35 pm run by Kindergarten, barbecue and open classrooms |

P&C IMPORTANT DATES

| Wed 29 Jul | P&C Meeting Wednesday 29 July in the school library at 7.00 pm |

P&C Meeting – The next P&C Meeting will be held next Wednesday in the school library, starting at 7.00 pm. Everyone is most welcome!

Education Week: Public Schools NSW – ‘Celebrating Local Heroes’ – occurs from 27 July to 31 July. We will be celebrating Education Week at our school next Friday 31 July. The day will involve open classrooms (12.00 pm to 12.30 pm), assembly (12.30 pm to 1.15 pm) and a barbecue lunch (1.15 pm to 2.10 pm). It should be a great day and we hope you will be able to join us. See attached flyer.

Kinder Orientation – Attached to today’s newsletter is a list of the dates for this year’s Kinder Orientation Program. If you have any questions, or would like an interview, please don’t hesitate to contact myself or Miss Mills. Enrolments for 2015 are now being taken. Please see the school office for forms. We will be holding a Kinder Orientation Evening for Parents on Thursday 6 August, starting at 7.00 pm in the school library. Everyone is most welcome to attend.

Jason Weaven
Principal

CANTEEN ROSTER

| Fri 24 July: | Margot Pitzen |
| Mon 27 July: | Sally Bulle |
| Fri 31 July: | Kirsty Tepper |
VOLUNTEERS NEEDED FOR SELLING DANCE RAFFLE TICKETS: 1 AUGUST 2015

We have a stall booked for outside the newsagency on Saturday 1 August from 8.00 am to 12.00 pm. We need some dance families to volunteer to sell tickets for 2 x 2-hour sessions. If you are able to help us out, please complete your details below and return to Mr Preston.

<table>
<thead>
<tr>
<th>Time Slot</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.00 am to 10.00 am</td>
<td></td>
</tr>
<tr>
<td>10.00 am to 12.00 pm</td>
<td></td>
</tr>
</tbody>
</table>

Dancers, please remember to return your raffle ticket books and money to the office once they are sold.

NEW LIBRARY SYSTEM

Due to the new library migration system, there will be no borrowing on Monday 20, Tuesday 21 and Wednesday 22 July. We apologise for any inconvenience and thank you for your patience.

OUR TOP MATHLETICS STUDENTS

Congratulations to Annabelle Bickley, Jasmine Lieschke and Nethanael Tepper who are the top Mathletics students at our school. To master an activity, students must achieve a score equal to or greater than 85%. Well done!

FICTION BOOKS WANTED

Year 2 are very enthusiastic readers and would like parents or some of our older students to donate any old children’s chapter books. They would love some extra books to read during class and to take home as readers. Please take the time to go through your book shelves and donate any books you may have finished with. We would really appreciate it.

NSW PREMIER’S SPORTING CHALLENGE

Our school has registered to participate in the 2015 NSW Premier’s Primary School Sport Challenge.

The purpose of the Challenge is to encourage students to participate in sport, games and physical activity and to have more students, more active, more often!

During Term 3, all students from Kindergarten to Year 6 will be monitoring physical activity we do during class time, at recess and lunch, as well as during sport. What students do outside school hours will also count towards the Challenge award.

We would especially like to invite all our families to support us in encouraging students’ healthy use of leisure time and to experience the joy of being active together.

Each student will be issued with a Challenge log book to record their physical activity. When students have completed the Challenge, they will receive a personalised certificate from the premier of New South Wales. Physical activity is valued for its physical, social and emotional benefits. It also helps young people to develop communication skills, confidence and resilience while having fun with family and friends.

For more information on the NSW Premier’s Sporting Challenge please visit: https://online.det.nsw.edu.au/psc
I know our students are really looking forward to participating in the NSW Premier’s Primary School Sport Challenge and having fun along the way!

FROM THE UNIFORM SHOP

PRE-Loved Uniforms IN STOCK NOW!

<table>
<thead>
<tr>
<th>Season</th>
<th>Item Description</th>
<th>Sizes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Summer</td>
<td>Short Sleeve Polo Shirt</td>
<td>4, 8, 10</td>
</tr>
<tr>
<td></td>
<td>Girl’s Summer Dress</td>
<td>6, 8, 10, 14</td>
</tr>
<tr>
<td>Winter</td>
<td>Long Sleeve Polo Shirt</td>
<td>4, 8</td>
</tr>
<tr>
<td></td>
<td>Windcheater</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td>Boys’ Trousers</td>
<td>4, 8, 12</td>
</tr>
<tr>
<td></td>
<td>Tartan Pants</td>
<td>6, 8</td>
</tr>
<tr>
<td>Sport</td>
<td>Sport Shirt</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td>Track Pants</td>
<td>4, 6, 8, 12</td>
</tr>
<tr>
<td>Other</td>
<td>Library Bags</td>
<td>One size</td>
</tr>
</tbody>
</table>

$5 ea

P&C News

Two barbecues (not in perfect working order). Please make a donation to the P&C.

P&C MEETING

The next P&C meeting will be Wednesday 29 July at 7.00 pm in the school library. We would love to see you there!

Spare Laptops Wanted

We are asking for donations of spare laptops for Meg’s Children Nepal. Meg’s Children Nepal is an Australian, not for profit charitable trust, which supports and enhances the lives of 20 Nepalese children who do not have family to cater for their basic needs.

Holbrook Public School

2015 Kinder Orientation Days

Starting school is an important step for your child. To help your family become familiar with daily routines, Holbrook Public School is hosting a series of Kinder Orientation Days for local pre-school aged children.

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
<th>Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 6 August (7.30 pm)</td>
<td>Orientation Evening</td>
<td>An opportunity to gain an insight into the learning programs offered by the school, including a tour of the school’s facilities and a chance to meet the staff. Finger food and refreshments will be served.</td>
</tr>
<tr>
<td>Monday 19 August (9.45 am to 11.30 am)</td>
<td>Fun and games with the current Kinders</td>
<td>A fun morning of singing, dancing and story-telling with the current Kinder class. Fingertip a treat!</td>
</tr>
<tr>
<td>Wednesday 21 August (10.30 am)</td>
<td>Teddy Bears’ Picnic with Kindergartens</td>
<td>A chance for pre-schoolers to become familiar with the school environment in a fun, relaxed way. Don’t forget your teddy bear!</td>
</tr>
<tr>
<td>Wednesday 26 August (10.45 am to 11.30 am)</td>
<td>Treasure Hunt</td>
<td>Pre-schoolers find their way around school with the help of Year 5 students.</td>
</tr>
<tr>
<td>Wednesday 2 September (12.00 pm to 12.45 pm)</td>
<td>Year 5 visit the Holbrook Early Learning Centre</td>
<td>A group of Year 5 students attend the pre-school and interact with children in their own environment.</td>
</tr>
<tr>
<td>Tuesday 20 October (9.45 am to 11.15 am)</td>
<td>Literacy Session</td>
<td>An opportunity for the Kinder teacher and the preschoolers to become better acquainted through engagement in a variety of structured literacy activities. Children are to bring their own lunch.</td>
</tr>
<tr>
<td>Thursday 5 November (12.00 pm to 1.00 pm)</td>
<td>Numeracy Session</td>
<td>Children have the opportunity to further develop their understanding of school through a range of structured activities with the Kinder teacher. Children are to bring their own lunch.</td>
</tr>
<tr>
<td>Wednesday 25 November (11.30 am to 1.00 pm)</td>
<td>Meet your buddies!</td>
<td>Meet your buddies for 2015! A morning tea for parents to meet the school community and the opportunity for the new Kinders to meet their buddies for the following year. Buddies will then go off to play games while important information is provided to ensure a smooth transition to school for you and your child.</td>
</tr>
</tbody>
</table>

Holbrook Public School Education Week Assembly

Friday 31 July 2015

Celebrating Local Heroes

- 12.00 noon to 12.30 pm: Open Classrooms – Visit your child’s classroom.
- 12.30 pm to 1.15 pm: School Assembly – Run by the Kindergarten class.
- 1.15 pm to 2.10 pm: BBQ Lunch – Organised and cooked by the P&C.
- 2.15 pm to 3.20 pm: Afternoon Activities

It promises to be a great day, so make sure you come along and have a look at what the students are doing in the classroom, support the school and strengthen the relationship between parents and teachers.

We look forward to seeing you there.

For more information, please call Holbrook Public School on 6036 2021.
Holbrook Public School needs your help to create our “Values Garden”

Holbrook Public School is asking for your support to help us create a “Values Garden” within the school grounds. We aim for this to be a place that all students will feel a connection to, but we can’t do it without you!

The school values encompass: • Care • Consideration • Co-operation • Courtesy • Democracy • Fairness • Integrity • Participation.

To create an area that is colourful, inclusive and welcoming, ideally we would love to have the following items:

- Treated pine poles to create our giant coloured pencil fence;
- Exterior paint in bright colours to paint our pencils;
- Treated pine poles to create Aboriginal totems, to represent local Aboriginal culture;
- Old boots for students to paint and grow plants in;
- Good quality garden soil;
- Ornamental grasses (e.g. purple fountain grass, mondo grass etc.);
- Brightly coloured, knitted or crocheted squares/rectangles of wool, (about 20cm x 25cm) to brighten up a deciduous tree.

For more information, please call Holbrook Public School on 6036 2021.

AUSSIES OF THE MONTH

Isaac Bennetts, Kindergarten
Being thoughtful and displaying excellent manners

Hamish Watson, Year 5/6
Being generous with his time helping others

STARS OF THE WEEK

Mahleigha Jolly, Kindergarten

Chloe Watson, Year 3/4

AWARDS

Miss Mills
Isabelle Gamble – For an increased focus during literacy activities
Lachlan Kingston – For being a thoughtful, considerate and caring class member

Miss Luff
Thomas Black – A well-structured and informative recount
Cheyanne Chattaway – Terrific participation and attention in learning time

**Miss Murphy**
Annabelle Bickley – For her responsible and mature approach towards learning
Charlotte Young – For excellent effort and achievement during our spelling and punctuation activities

**Mrs Fairley**
Jim Henry – His eagerness to learn and help at every opportunity
Indianna Paton – Very neat presentation of learning in all areas

**Mr Preston**
Ashton Lee-McKie – For settling in well to Holbrook Public School
Jemima Southwell – For a mature approach to her school work

**Miss Lavis**
Emily Black – A consistent effort towards her learning
Phoebe Emerson – Excellent spelling test results

**Miss Peterson**
Chloe Watson – Her perseverance during a maths test
Maddy Wheeler – Using her adding and subtracting strategies in a maths test

**Mrs Wedgwood**
Nathen King – An excellent start to Term 3
Blake Lee-McKie – For fitting into Year 6 routine quickly. Welcome!

**Mr Weaven**
Hamilton Black – For showing enthusiasm towards his learning
Amelia Hearn – For displaying persistence in all areas

**VALUES AWARDS – RESPECT**
Junior: Ryder McKillop
Senior: Angus Swan

**STAR CARD WINNERS**
Yellow Playground Star Cards
Georgie Cardile, Isabelle Gamble
Blue Classroom Star Cards
Liz Holt, Mahleigha Jolly

**25 NIGHTS READING AWARD**
Ellen Mathie

**50 NIGHTS READING AWARD**
Ellen Mathie, Cianna Toll

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**75 NIGHTS READING AWARD**
Eleanor Coats, Isabelle Gamble, Hamish Livermore, Ellen Mathie, Cianna Toll

**100 NIGHTS READING AWARD**
Georgie Cardile, Miriam Coats, Lucy de Steiger, Isabelle Gamble, Ned Harrison, Olivia King, Ellen Mathie, Ryder McKillop, Cianna Toll, Eli Toll, Isabel Yensch

**125 NIGHTS READING AWARD**
Emily Black, Cooper Glass, Holly Hall, Audrey Lieschke, Ella Lieschke, Jasmine Lieschke, Madison Lumsden, Ellen Mathie, Lachlan Parker, Jack Pitzen, Cianna Toll, Reuben Wilton, Will Wood

**150 NIGHTS READING AWARD**
Aylee Jenkyn, Amelia Tepper, Nethanael Tepper

**175 NIGHTS READING AWARD**
Annabelle Bickley

**SPORTSMANSHIP AWARD**
Izabella Bartels-Waller, Isabella Harrison, Ben Klose, Lachlan Parker, Alex Power, Oscar Southwell, Archie Swan, Dominic Valena, Isabelle Yensch

**SPONSORSHIP:**
The following businesses of Holbrook sponsor our newsletter. Please support them when you can.

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COMMUNITY NEWS

AUSKICK NEWS

This Friday is the last Auskick session for 2015. We will be playing our annual Parents vs Kids match to finish off the year. After that match we will have a barbecue to wind up the year. The Rand Football Netball Carnival will be held this Sunday 26 July. All kids who are playing are asked to report to their coaches by 9.10 am.

WAR OF THE WORLDS

The Alien invasion broadcast which panicked America! LIVE Radio Play performance, performed at the Albury Entertainment Centre and Broadcast Live on Radio 2AY!

For one night only, Thursday 13 August!

Bring the family to this unique opportunity to experience the golden era of radio plays, at the most famous radio performance of them all!


Private Music Tuition
Lessons on offer: • All Brass • All Woodwind • Piano/Keyboard • All Guitars • Singing

$28 per lesson
at the old Convent opposite the Holbrook Bakery

Wednesdays and Thursdays
Phone: (02) 6947 1193
email: ramosmusicatumut@gmail.com

The simplest way
...to make a healthy curry

Chickpea + Vegie curry
1 teaspoon canola oil
1 onion, chopped
3 cloves garlic, finely chopped
1 tablespoon ground cumin
1 tablespoon ground coriander
1 tablespoon curry powder
400g can chickpeas, drained and rinsed
½ zucchini, chopped
3 carrots, chopped
1 cup frozen green beans
400g can tomatoes (no-added-salt)
165g can reduced-fat coconut milk
4 cups cooked rice (from 1 ½ cups of uncooked rice), to serve

Method
Heat oil in frypan or pot and fry onions, garlic and spices for 2 minutes — Add the rest of the ingredients and simmer with a lid on for 15-20 minutes — Serve with rice
Variation: you can use a variety of vegetables in this curry. Potatoes, broccoli, cauliflower and capsicum all work well.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

The simplest way
...to add vegies, every day!

Eating the right amount of fruit and veg can lower your risk of cancer by 5-12 percent. Yet most adults don’t eat enough of either, particularly veg — and what adults eat affects the whole family.

Did you know legumes like baked beans are a type of vegetable?

Add legumes across your day to get some extra veg in:

• Baked beans on toast for brekkie, or an easy dinner, or pack a small tin for lunch
• Add drained chickpeas to your salads
• Red Kidney beans make a tasty addition to borgnaille sauce, add towards the end of cooking.

Eating vegies doesn’t have to be complicated – aim for five serves a day, across your day.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit
Parenting ideas INSIGHTS

Building parent-school partnerships

WORDS Michael Grose

Swap cards – craze or just plain crazy

Banning activities such as the use of swap cards robs kids of valuable learning opportunities, as well as the fun!

In a world where children’s toys and playthings constantly become mechanised, digitalised or sanitised it’s good to see some things haven’t changed – the use of swap cards.

The allure of collecting and swapping cards with your friends at school is something many generations can remember. People of my vintage probably can recall collecting and swapping footy cards, celebrity cards and even cards with the favourite pop groups of the time. What swap cards were popular when you were at school?

There was nothing quite like the feeling of satisfaction which comes from collecting the full set. However getting the full set was an expensive exercise as it usually meant buying more of the products that they were packaged up with. Inevitably you’d have five or more of one card and plenty of holes in your collection. How frustrating was that?

But there was nothing as frustrating as almost having a full set and not being able to find anyone at school who was willing to swap with you at the going rate. So on went your negotiation hat as you’d try to outsmart a budding extortionist.

While the fun was in the collecting, the thrill was definitely in the chase.

Fortunately kids can still have the same fun as past generations, as well as the opportunity to learn the same lessons we had. Sometimes the best social lessons kids can learn come from the more dubious interactions they have during lunchtime and recess.

There can be problems

There is no doubt that the swap card craze can cause consternation for adults. Some children can and do take advantage of others in the hierarchical world of the playground. While the majority of interactions kids have with each other at school are positive, there are times when they can be negative, difficult and in extreme cases of a bullying nature.

Kids need the freedom to negotiate their own interactions so they can learn from those experiences both good and bad. The street smarts that children pick up from their free and unrestricted play can be a huge advantage when negotiating tough social situations in school and beyond.

But there are solutions

Teachers and parents need to coach kids in the skills and techniques that they need to negotiate the many situations they meet in the schoolyard. They also need to be cognisant of the fact that some children may take advantage of others. Even so unpleasant experiences can provide great social lessons such as how to avoid the same situation next time, how to handle the disappointment of being taken advantage of and how to negotiate better outcomes.

Parents and teachers need to be aware of bullying behaviours, which by definition are repetitive, intentional behaviours by one or more children on another that rob that child of any power to change the situation. If swap cards are at the centre of bullying then act to protect kids. If not, then it may be best to coach kids to cope or to be smarter next time.

Banning activities such as the use of swap cards robs kids of valuable learning activities.

Similarly a parent who buys a full set of cards for a child robs him of the thrill of the chase, as well as the chance to practise persistence, be organised and negotiate well, which are still valuable skills to have at school and most workplaces as well.

Swap cards. So much fun and so much learning. How good is that?

Michael Grose


parentingideas.com.au

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