FROM THE PRINCIPAL’S OFFICE

School Assembly – Congratulations to the SRC (Student Representative Council) on their amazing assembly, which I really enjoyed. It was great to see our School Choir perform for the very first time and they did a great job. This Friday’s school assembly will be run by the Year 5/6 class and will start at 11.00 am. We do hope to see you there.

State AFL Championships – Congratulations to Ewan, Jack and Fletcher for their efforts last week playing for Riverina. They made the final and can be very proud of their efforts to finish runner-up in the state. A great achievement, well done boys!!

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New paintwork on the quadrangle – Last Monday, while the students were at the Athletics Carnival, new paintwork was put onto the basketball court and the quadrangle (hop scotch, snakes and ladders, a chess board and an alphabet). The students really enjoy them. It’s worth a look next time you visit the school.

School Council Meeting – will be held today, Monday 25 May in the school library starting at 3.45 pm.

State Knockout Netball Gala Day – This will be held at Henty this Friday, and we wish the girls all the very best.

Jason Weaven
Principal

Riverina Netball Trials – On Friday 22 May, Aylee Jenkyn and Millie Walsh travelled to Wagga for the final selection for the Riverina Netball team. Both girls played extremely well and were quite unfortunate not to be selected into the team. Congratulations on your achievement and effort girls. This Friday, the school netball team will be travelling to Henty to play in a gala day to complete round one and two of the state knockout. We wish all the girls luck and we know they will show great sportsmanship.
Canteen Roster

Friday 29 May: Abby Paton
Monday 1 June: Jenni Wood
Friday 5 June: Sophie Hearn

Lost Property

With only five weeks until the end of Term 2, please take the time to have a look through the lost property box, located in the library. Any items that remain unclaimed by the end of the term will be either taken to the Op Shop or placed in second hand clothing.

P&C News

Volunteers Required

Holbrook Landcare and Food by Sarah King require your help to assist with a P&C fundraiser. Landcare will be having a luncheon at the Holbrook Town Hall on Wednesday 3 June 2015. We will need the following people to:

Do food preparation: 9.00 am and 12.30 pm (Approx. 6 people)
Help clean up: 12.00 pm and 3.00 pm (Approx. 4 people)

We will also need some cakes and slices made for the morning tea (without nuts please and with ingredients listed).

If you can help with any of the above, please contact Margot Pitzen 0407 658 401.

Spare Laptops Wanted

We are asking for donations of spare laptops for Meg’s Children Nepal. Meg’s Children Nepal is an Australian, not for profit charitable trust, which supports and enhances the lives of 20 Nepalese children who do not have family to cater for their basic needs.

Stars of the Week

Sophie Ellison, Year 3/4

Emily Ellison, Year 5/6

From the Uniform Shop

Pre-Loved Uniforms in Stock Now!

Summer
- Short Sleeve Polo Shirt: 4, 8, 10
- Girl’s Summer Dress: 6, 8, 10, 14

Winter
- Long Sleeve Polo Shirt: 4, 6, 10, 12
- Fleece: 8
- Windcheater: 6
- Boys’ Trousers: 4, 8, 12
- Tartan Pants: 6, 8

Sport
- Sport Shirt: 6
- Track Pants: 4, 6, 8

$5 ea
AWARDS

Miss Mills
Harriet Bull – For her patience and helpfulness with her classmates
Isabelle Gamble – For settling into Kindergarten routines extremely well
Holly Hall – For her enthusiasm towards learning

Miss Luff
Jasmine Lieschke – Taking pride in all learning tasks
Zac Spencer – An outstanding improvement in writing

Miss Murphy
Madison Lumsden – For always presenting her written work neatly and accurately
Ben Williams – For interesting recount writing

Mrs Preston
Indianna Paton – For being a hard-working, diligent student

Mr Preston
Cooper Buswell – For always using his imagination during literacy
Amelia Pincott – For 100% effort in all class activities

Miss Lavis
Logan Buswell – Some great simile poetry
Janita Nickel – Excellent maths test results

Miss Peterson
Sam de Steiger – Consistency and excellent results in spelling tests
Maddy Wheeler – A fantastic effort in maths

Mrs Wedgwood
Angus Swan – Ever improving understanding results in maths
Angus Wright – Fantastic creative poetry writing

Mr Weaven
Georgina Barr-Smith – For outstanding effort and application in all areas
Annabelle Bickley – For outstanding effort and application in all areas
Emily Black – For making great improvements in her maths results
Wil King – For outstanding effort and application in all areas
Portia Martin – For excellent maths test results
Annabel Pincott – For outstanding effort and application in all areas
Jack Pitzen – For outstanding effort and application in all areas

VALUES AWARDS - INTEGRITY
Junior: Aiden Walmsley
Senior: William Mathie

STAR CARD WINNERS
Yellow Playground Star Cards
Isaac Bennetts, Lara Pardey
Blue Classroom Star Cards
Wil Jenkyn, Dominic Valena

50 NIGHTS READING AWARD
Cheyanne Chattaway, Hamish Livermore

75 NIGHTS READING AWARD
Hamish Bull, Georgie Cardile, Jim Henry, Primrose Heriot, Stirling Heriot, Olivia King, Audrey Lieschke, Amelia Tepper, Isabella Weaven

100 NIGHTS READING AWARD
Emily Black, Maggie Jamieson, Mathew Mulloy-Ellison, Amelia Tepper, Nethanael Tepper

SPORTSMANSHIP AWARD
Isobel Atkinson, Elia Cheshire, Claire Cottrell, Sam de Steiger, Emily Ellison, Laura Koppens, Ryder McKillop, Lachie Parker, Molly Pitzen

SPONSORSHIP:
The following businesses of Holbrook sponsor our newsletter. Please support them when you can.

Pest Control
Carpet Cleaning
6036 9598
0437 369 593

LIESCHKE MOTORS
PTY LTD
David Lieschke
Dealer Principal
78 Albury Street
HOLBROOK, NSW 2644
Ph: (02) 6069 2244
Fax: (02) 6069 2245
Mobile: 0412 680 702
Email: lholbrok@bigpond.net.au
COMMUNITY NEWS

B2: Now open at 52 Albury Street, Holbrook. Ph: 6036 3300
Open 8.30 am to 3.00 pm 7 days

Private Music Tuition
Lessons on offer: • All Brass • All Woodwind • Piano/Keyboard • All Guitars • Singing
$28 per lesson
at the old Convent opposite the Holbrook Bakery

Wednesdays and Thursdays
Phone: (02) 6947 1193
email: ramosmusicumut@gmail.com
NSW FIRE AND RESCUE OPEN DAY

When: Saturday 30 May 2015
Time: 10.00 am to 2.00 pm
Where: Holbrook Fire Station
Swift Street, Holbrook
• Free give aways for the kids
• Demonstrations
• Free sausage sizzle.
• All welcome!

KIDS ON FARMS SAFETY AWARENESS DAY

The Downside Community, along with local agribusiness and WorkCover NSW, is holding an Interactive Fun and Informative SAFETY AWARENESS DAY with the aim to provide kids with knowledge to minimise safety risks on farms.

When: Sunday May 31, 2015
Time: 12.00 pm – 3.00 pm
Where: Downside Hall, Downside Village Road
RSVP: facebook.com/downsidehall
or 0427 200 599
Cost: Free
Please wear farm clothes and closed-in shoes.
Mums, dads, kids – The whole family is invited!
What a fantastic day we had last Monday for the school athletics carnival. After the fog lifted, it was a beautiful sunny day. The students spent the day rotating through both track and field events. It was fabulous to see so many students cheering for their fellow competitors and trying their best.

A big thank you must go to the large number of parents who assisted throughout the carnival. It definitely makes the teachers' jobs easier and helps the carnival to run so smoothly. The children enjoy having their parents there to watch them too.

Congratulations to Paterson House, who won the day on 411 points. In second place was Lawson on 379 points and in third place was Mackellar on 281 points.

Congratulations to Amelia Hearn as she equalled Phoebe Emerson's 2014 Junior Girls Shot Put record of 5.88m.

The champions for the carnival were:

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<thead>
<tr>
<th>Champion</th>
<th>Runner Up</th>
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<tr>
<td>Sub-Junior Girls</td>
<td>Annabel Pincott</td>
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<td>Sub-Junior Boys</td>
<td>Hamish Livermore</td>
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<td>Amelia Hearn</td>
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<td>Junior Boys</td>
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<td>11 Year Girls</td>
<td>Tia Charles</td>
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<td>11 Year Boys</td>
<td>Logan Wright and Rohan Jepson</td>
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<td>Senior Girls</td>
<td>Aylee Jenkyn</td>
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<td>Senior Boys</td>
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Once again, a huge thank you goes to the students, parents and teachers, who work together to help make this day a great success.

Chrissy Lavis, Jessica Murphy and Rosie Luff

Following are the results for the day.

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<th>Event</th>
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<td>Phoebe Emerson</td>
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<td>11 Yr Boys</td>
<td>Seth Webb</td>
<td>Rohan Jepson</td>
<td>Aaron Heritage</td>
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<td>12/13 Yrs Girls</td>
<td>Jade Hunt</td>
<td>Zoey Meredith</td>
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<td>12/13 Yrs Boys</td>
<td>Braydon Eddy</td>
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**Relays**

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Help your children make sense of natural disasters

As adults we all want our children to live carefree lives and keep them from the pain and even horror of tragedies such as natural disasters. In reality we can’t do this.

Recent natural disasters wreak incredible havoc on so many people’s lives and will no doubt leave an indelible imprint on our collective psyches. Graphic images have been brought into our living rooms via the media over the last few weeks, and will continue to do so in the immediate future.

As adults we all want our children to live carefree lives and keep them from the pain and even horror of tragedies such as natural disasters. In reality we can’t do this.

So what is a parent, teacher, or other caring adult to do when the natural disasters fill the airwaves and the consciousness of society? Here are some ideas:

1. **Reassure children that they are safe**
   The consistency of the images can be frightening for young children who don’t understand the notion of distance and have difficulty distinguishing between reality and fiction. Let them know that while this event is indeed happening it will not affect them directly.

2. **Be available**
   Let kids know that it is okay to talk about the unpleasant events. Listen to what they think and feel. By listening, you can find out if they have misunderstandings, and you can learn more about the support that they need. You do not need to explain more than they are ready to hear, but be willing to answer their questions.

3. **Help children process what they see and hear**
   Particularly through television
   Children are good observers but can be poor interpreters of events that are out of their level of understanding.

4. **Support children’s concerns for others**
   They may have genuine concerns for the suffering that will occur and they may need an outlet for those concerns. It is heartwarming to see this empathy in children for the concerns of others.

5. **Let them explore feelings beyond fear**
   Many children may feel sad or even angry with these events so let them express the full range of emotions. They may feel sad for the loss of wildlife, than for loss of human life, which is impersonal for them.

6. **Help children and young people find a legitimate course of action if they wish**
   Action is a great antidote to stress and anxiety so finding simple ways to help, including donating some pocket money can assist kids to cope and teaches them to contribute.

7. **Avoid keeping the television on all the time**
   The visual nature of the media means that images are repeated over and over, which can be both distressing to some and desensitizing to others.

8. **Be aware of your own actions**
   Children will take their cues from you and if they see you focusing on it in an unhealthy way then they will focus on it too. Let them know that it is happening but it should not dominate their lives.

9. **Take action yourself**
   Children who know their parents, teachers, or other significant caregivers are working to make a difference feel hope. They feel safer and more positive about the future. So do something. It will make you feel more hopeful, too. And hope is one of the most valuable gifts we can give children and ourselves.

Children’s worlds can be affected in ways that we can’t even conceive of so adults need to be both sensitive to children’s needs and mindful of what they say and how they act in front of children. In difficult times, it is worth remembering what adults and children need most are each other.